



WELCOME TO YOUR HOUSE

Click your choice

CREATE YOUR OWN BOWL

POKE BOWLS



SIDE & DESSERT



CREATE YOUR OWN BOWL

1. SIZE IT

SMALL: 12.50€ MEDIUM: 14.90€ LARGE: 16.90€

2. BASE IT

UP TO 2 BASES

GRAIN

WHITE RICE
BASMATI RICE

COCONUT BASMATI
QUINOA

SALADS

BABY SPINACH

3. GREEN IT

S/M: 4 GREEN L: 5 GREEN

HASS AVOCADO
FRESH MANGO
HUMMUS
CREAM CHEESE
CARROT
RED CABBAGE
CUCUMBER
COURGETTE

EDAMAME
CRUMBLLED FETA CHEESE
GOMA WAKAME*
CHARRED CORN
OLIVES
JALAPEÑO 🌶️
CHERRY TOMATOES

4. PROTEIN IT

S: 1 PROTEIN M: 2 PROTEINS L: 3 PROTEINS

WARM 🍳

TENDRE POULET¹
POULET TERIYAKI & GINGEMBRE¹

MARINATED

JUICY SALMON
SRIRACHA SALMON 🌶️🌶️

NATURAL

BOILED EGGS
SHRIMPS
NORWEGIAN SALMON
TUNA*

VEGAN

FALAFEL

5. DRESS IT

CHOOSE 1 DRESSING

HOUSE DRESSING

AVOCADO CREAM
SPICY PEANUTS 🌶️

MAYO BASED

SPICY MAYO 🌶️
HOUSE MAYO

OIL BASED

EVO OIL
LEMON FLAVOURED EVO OIL
MINT & BASIL OIL

SOYA BASED

GLUTEN-FREE SOY
TERIYAKI
PONZU
SPECIAL
SRIRACHA DRIZZLE 🌶️🌶️

6. CRISPY

CHOOSE 1 TOPPING, ADDITIONAL TO SESAME SEEDS

ALMONDS + 0.30€ CRISPY ONION
NORI SEAWEED CRISPY SWEET POTATO

Extra: Protein 2.00€; Green 0.50€ (1€ for the House Bowls);
Dressing 0.30€; Crispy 0.30€



POKE BOWLS

Our iconic Poke Bowls,
an explosion of fresh, irresistible flavors



SUNNY SALMON®

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

White Rice, Juicy Salmon, Hass Avocado, Edamame, Red Cabbage, Special Dressing, Avocado Cream, Sesame Seeds

SPICY TUNA

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

White Rice, Tuna*, Goma Wakame*, Red Cabbage, Carrots, Cucumber, Ponzu Dressing, Spicy Peanuts Dressing 🌶️, Jalapeño 🌶️, Crispy Onion, Sesame Seeds



CHICKEN

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

White Rice, Teriyaki and Ginger Chicken¹, Courgette, Cherry Tomatoes, Red Cabbage, Teriyaki Dressing, Spicy Mayo Dressing 🌶️, Almonds, Sesame Seeds

✓ VEGETARIAN

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

Basmati Rice, Hass Avocado, Cherry Tomatoes, Cucumber, Riviera Olives, Hummus, Mint & Basil Oil, Almonds



HOT & SPICY

SMALL 11.90€ MEDIUM 14.90€ LARGE 16.90€

White Rice, Sriracha Salmon 🌶️🌶️, Hass Avocado, Edamame, Jalapeño 🌶️, Sriracha Drizzle 🌶️🌶️, Crispy Onion, Sesame Seeds, Fresh Lime

SUPER PROTEIN

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

Spinach, Quinoa, Teriyaki and Ginger Chicken¹, Edamame, Hass Avocado, Cherry Tomatoes, Lemon Flavoured EVO Oil, Grana Padano Shavings, Almonds, Sesame Seeds



BRAIN BOOSTER ✓

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

Spinach, Black Rice, Boiled Egg, Crumbled Feta Cheese, Hass Avocado, Cherry Tomatoes, Charred Corn, Lemon Flavoured EVO Oil, House Mayo

SHRIMP

SMALL 11.90€ MEDIUM 13.90€ LARGE 16.40€

White Rice, Shrimps, Mango, Cucumber, Cherry Tomatoes, Special Dressing, Spicy Mayo Dressing 🌶️, Nori Seaweed, Sesame Seeds



Extra: Protein 2.00€; Green 1.00€;
Dressing 0.30€; Crispy 0.30€

SIDES

For an even tastier and more complete Meal

EGGS & SPINACH 3.50€ 

Boiled Eggs with Baby Spinach and EVO Oil

EDAMAME 3.50€ 

GOMA WAKAME* 3.50€ 



DESSERTS

COOKIE* 3.50€

BROWNIE* 3.50€

Chocolate Brownies with Pecan Nuts

MINI FRUIT BOWL 4.00€ 

Fresh Mango with a slice of Lime

Costa Rica Pinapple

MOCHI*

1 Piece 2.50€ 2 Pieces 4.00€ 3 Pieces 5.50€

Ice Cream covered in a delicate Rice Paste, flavours:
CHOCOLATE, MANGO, VANILLA, GREEN TEA, YUZU



Vegetarian



Vegan



Degree of spiciness



Warm Ingredients

The food served may contain substances that may cause allergies or intolerances. For more information, please consult the documentation available on our website in the dedicated section or in our restaurants.

*Frozen product.

¹Raised and slaughtered in: Poland.

The image of the product is purely illustrative.